This Route has the same start/finish point, just N of the Admin building. Runners will leave the start line and turn left-east-at the sidewalk near the river. The run will continue under Farm Lane and east to Bogue. At Bogue, runners will turn right-south-and run toward N Shaw Lane. Follow the curving sidewalk in front of the Broad Bus College to the west. Just west of Shaw Hall, follow the sidewalk NW and to the Farm Lane crosswalk. Run along the south bank of the Red Cedar until Kalamazoo. At Kalamazoo, runners turn SE and go past the east side of Dem field. Continue south around Munn, then turn back North toward Jenison. Cross Kalamazoo and head toward the Kellogg Center Parking Ramp. Cross the river and turn immediately N. In about 110 yards, cross the river again and head east, past the soccer field and baseball stadium. When back to Kalamazoo, cross the road and head north-crossing the river one last time. Just over the bridge, turn east and run back to the start/finish line just N of the Admin building.